

# PARTICIPANT PATHWAY

## REFERRAL SOURCE

PARTICIPANT SELF REFERRAL

HEALTH CARE PROFESSIONAL

COMPLETES ONLINE REFERRAL

REFERRAL NOTIFICATION SENT TO HEALTH & WELLBEING COORDINATOR

## HEALTH & WELLBEING COORDINATOR

PARTICIPANT CONTACTED TO COMPLETE INITIAL TRIAGE

DID THE PARTICIPANT PASS THE INCLUSION CRITERIA (ACUTE / UNCONTROLLED CONDITION?)

NO

YES

REFER BACK TO HEALTH CARE PARTNERSHIP

PROGRAMME OPTIONS DISCUSSED WITH PARTICIPANT

SUITABLE TO SIGNPOST TO COMMUNITY PROGRAMME

SUITABLE FOR SUPPORTED PROGRAMME

SIGNPOST TO COMMUNITY PROGRAMME  
FOLLOW UP AT 6 WEEKS & DISCHARGE

## HEALTH & WELLBEING INSTRUCTORS

PARTICIPANT CONTACTED TO UNDERTAKE GOAL SETTING

COMPLETE BASELINE QUESTIONNAIRES, MEMBERSHIP DETAILS AND BOOKING

PARTICIPANT STARTS 12 WEEK PROGRAMME

FOLLOW UP AT 6 WEEKS TO DISCUSS PROGRESS / GOALS

PARTICIPANT COMPLETES 12 WEEK PROGRAMME

IS THE PARTICIPANT SUITABLE TO FOLLOW THE EXIT PATHWAY

YES

NO

SIGNPOST TO COMMUNITY PROGRAMME  
FOLLOW UP AT 52 WEEKS

