

# WALK THE TALK

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Walking is great for a **blether** and **meeting new people**.  
Join us today on one of our free Health Walks and continue  
the conversation over cake and tea!

Interested? You'll receive a warm welcome and a walk at a  
pace and length that suits you whatever your ability.

**Join us!**



Paths for All Partnership is a registered  
Scottish charity No. SC025535.