



# Move More Aberdeenshire Referral Form

01467 534360 [movemore@aberdeenshire.gov.uk](mailto:movemore@aberdeenshire.gov.uk)

Please send completed forms to:

Move More Aberdeenshire, Westhill Community Centre, Hays Way, Westhill, AB32 6XZ

<b>Participant name:</b>  <b>D.O.B:</b> <b>Address:</b>  <b>Postcode:</b> <b>Tel no:</b>  <b>Email:</b>	<b>Emergency contact:</b>  <b>Tel no:</b>  <b>Relationship:</b>
<b>GP Practice:</b>	<b>GP tel:</b>
<b>Diagnosis:</b>   <b>Date of diagnosis:</b>	<b>Treatment (e.g. surgery):</b>   <b>Medication:</b>

Medical Conditions	Yes	No
<b>Heart</b> conditions (e.g. heart attack)	<input type="checkbox"/>	<input type="checkbox"/>
<b>Breathing</b> conditions (e.g. asthma)	<input type="checkbox"/>	<input type="checkbox"/>
<b>Diabetes</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Neurological</b> condition (e.g. stroke)	<input type="checkbox"/>	<input type="checkbox"/>
<b>Epilepsy</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Surgery</b> (e.g. joint replacement)	<input type="checkbox"/>	<input type="checkbox"/>
<b>Hearing/visual</b> difficulty	<input type="checkbox"/>	<input type="checkbox"/>
<b>Cognitive</b> impairment (e.g. dementia)	<input type="checkbox"/>	<input type="checkbox"/>
<b>Bone, muscle, joint</b> condition (e.g. osteoporosis)	<input type="checkbox"/>	<input type="checkbox"/>
<b>Other</b> relevant information		

Move More screening questionnaire:	Yes	No
1. Has your doctor ever said you have a heart condition and should only do physical activity recommended by a doctor?	<input type="checkbox"/>	<input type="checkbox"/>
2. Do you feel pain in your chest when you do physical activity?	<input type="checkbox"/>	<input type="checkbox"/>
3. In the past month, have you had pain in your chest when you were not doing physical activity?	<input type="checkbox"/>	<input type="checkbox"/>
4. Do you lose your balance because of dizziness or do you ever lose consciousness?	<input type="checkbox"/>	<input type="checkbox"/>
5. Has your doctor ever said that you had a stroke?	<input type="checkbox"/>	<input type="checkbox"/>

**Sport & Physical Activity Privacy Notice (GDPR 2018)**  
 Some personal data is collected and stored by Aberdeenshire Council when you undertake activities run by the Sport & Physical Activity section of Aberdeenshire Council. The reasons for holding this information are detailed below. Most information is held by Aberdeenshire Council, who are both the Data Controller and Data Processor  
<http://publications.aberdeenshire.gov.uk/dataset/sport-and-physical-activity-privacy-notice>

I have read and understood the links provided regarding the privacy notice when making this application

Your participation in this programme will not affect your medical or nursing treatment in any way.

Participant's signature \_\_\_\_\_ Date \_\_\_\_\_